

St. Christopher Family Outreach Project

Making 500 Meals a Month



St. Vincent de Paul

ASSISTANCE • SHELTER • HOPE

- We are looking for 50 parish families or individuals to commit to making a monthly donation of 10 bag lunches for St. Vincent de Paul shelters for 6 months.
- After 6 months donors can renew their commitment for another 6 months or take a break as new donors join the project.
- By participating in this ministry you provide a meal for individuals and families who are without basic essentials such a food and shelter. Families have the opportunity to teach your children to be givers, helpers and a people who grow to understand, value and prioritize Christian service and outreach.
- The project is simple:
 - From your own resources, purchase and prepare 10 bag lunches monthly in your home. Requirements are on page 2 of this document. Having children decorate the bags, while not a requirement, is a nice personal touch.
 - Deliver those lunches at 10:30am on your assigned Sunday to St. Chris each month knowing they will be taken directly to St. Vincent de Paul on Apple St. after the drop off.
 - The drop off location is the Northwest corner of the St. Chris parking lot (at the north end of the school building).
 - St. Vincent de Paul is requesting 250 lunches twice a month so all donor families will be divided into two teams (A and B) so that you know which Sunday you deliver your lunches.
 - If for some reason you cannot keep your commitment on any given month, we ask that you seek and train your own family replacement for that month—whether they are already in the project or not.
- To sign up (by Jan. 6) and make your 6 month commitment visit the St. Chris Website: <https://www.cognitofirms.com/StChristopher1/StVincentBagLunchProject>
 - Or Look Under “Get Involved” and click on “Bag Lunch Project”

Team A 2020 Dates

Jan. 19,
Feb. 16
Mar. 15
Apr. 12
May 10
June 7

Team B 2020 Dates

Feb. 2
Mar. 1
Mar. 29
Apr. 26
May 24
June 21

Lunch Captain

⇒ We need volunteers to be “lunch captains”. It’s a one time commitment within the 6 months in which you agree to be present to collect the lunches between 10:10am and 10:45am and supervise them being loaded onto the delivery truck.

*Truly, I tell you,
whatever you did for one of
the least of these
brothers and sisters of mine,
you did for me.*
~MATTHEW 25:40

For more information, contact:

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Bag Lunch Donation Program

About the Bag Lunch Program:

Our bag lunch program is a necessity in our two Gateway Shelters and augments our daily menu. Bag lunches help us accommodate those guests who stay in our “Overflow” areas and/or guests who are unable to eat a meal on-site due to appointments and/or work commitments. We utilize approximately 100 bag lunches daily.

Bag lunch requirements:

- **One hearty meat sandwich:** 2 ounces of meat on bread without condiments (no PB&J please)
- **Condiment** packets may be placed in bag, but are not required
- **A drink:** small bottled water (12 oz) or juice box
- **2 snacks:** a salty snack and a sweet snack or a piece of fruit
- **Date:** Every bag must be dated with the date it was prepared

Please remember:

This could be someone’s main meal of the day, so think about putting together a meal that you would like to eat. If you are using thinly sliced meat, please make sure you have at least 2 ounces. The bag lunches are refrigerated for a period of time so items like bananas and peanut butter/jelly are not recommended. An appropriate inspirational note or greeting in the bag is a nice touch but absolutely not required.



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